



N.C.S.S.A.A.

National Capital Secondary School Athletic Association
L'Association athlétique des écoles secondaires de la capitale nationale

CROSS COUNTRY FORMS REQUIRED

*******ALL FORMS MUST BE COMPLETED AND SUBMITTED BEFORE
YOU CAN COMPETE AT THE NCSSAA CHAMPIONSHIP*******

1. Signed copy of completed Eligibility Form (AELS)

(Signature of coach, principal and association convenor required)

2. RULES OF BEHAVIOR

(Signature of coach and all participants)

3. OFSAA SUPERVISION FORM

(Signature of coach, principal, same sex supervisor)

4. PRACTICE FORM

(Signature of coach and principal)