

Louis-Riel XCookie Meet - 2022-09-22
Hornets Nest : Louis-Riel XC Training Grounds
Results

....Event 1 Girls 3k CC Intermediate

2	Garneau		35	4	6	12	13	14	15
	Total Time:	59:13.24							
	Average:	14:48.31							
3	Gisèle-Lalonde		36	2	7	11	16	17	18
	Total Time:	1:00:04.27							
	Average:	15:01.07							

Louis-Riel XCookie Meet - 2022-09-22
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Results

Event 2 Boys 3k CC Intermediate

Name	Year	School	Finals	Points
Results - Men				
1 Chelghoum, Adem Walid	09	Gisèle-Lalonde	11:23.54	1
2 Murray, Olivier	09	Garneau	11:36.51	2
3 Alexander, Chase	09	Louis-Riel	12:00.70	3
4 Picton, Louis	09	Louis-Riel	12:03.60	4
5 Gerges, Antony	10	Garneau	12:11.20	5
6 Mvuzolo, Léo	10	Garneau	12:12.77	6
7 Gendron-Steele, Tristan	10	Louis-Riel	12:22.60	7
8 Giguère, Isaak	09	Garneau	12:25.00	8
9 Cazabon, Maxime	10	Beatrice-Desloges	12:30.23	9
10 Rhéaume, Dominic	09	Garneau	12:32.50	10
11 Lortie, Alexi	09	Garneau	12:38.65	11
12 Théoret, Luca	09	Beatrice-Desloges	12:38.70	12
13 Bouchard, Alexi	09	Beatrice-Desloges	12:46.20	13
14 Mainville, Loïc	09	Gisèle-Lalonde	13:12.35	14
15 Joanisse, Louis-Félix	10	Le Sommet	13:13.80	
16 Benallegue, Anis	09	Gisèle-Lalonde	13:23.10	15
17 Coveny, Simon	09	Garneau	13:24.22	
18 Mesile, Nathanael	10	Beatrice-Desloges	13:34.00	16
19 Parent, Jérémie	10	Beatrice-Desloges	13:39.52	17
20 Eustache, Roben	10	Beatrice-Desloges	13:39.80	18
21 Mongeon, Charles	10	Garneau	13:44.10	
22 Fauteux, Clark	09	Garneau	13:56.80	
23 Shaeffer, Gabriel	09	Louis-Riel	13:58.40	19
24 Babb, Malek	09	Louis-Riel	13:58.76	20
25 Losier, Francis	09	Garneau	14:00.57	
26 Haynes, Angus	10	Garneau	14:26.73	
27 Langevin, Tristan	10	Beatrice-Desloges	14:37.82	
28 Haqhaqi, Adil	10	Gisèle-Lalonde	14:51.50	21
29 Fraser, Pearson	09	Le Sommet	14:53.00	
30 Bah, Younoussa	10	Gisèle-Lalonde	14:53.10	22
31 De Vries-Cruise, Ciaran	10	Gisèle-Lalonde	15:27.10	23
32 Kabongo, Gabriel	10	Garneau	15:30.91	
33 De Vries-Cruise, Aidan	10	Gisèle-Lalonde	15:31.06	
34 Wragg, Morgan	09	Garneau	15:51.77	
35 Norame, Juvens	09	Garneau	16:03.58	
36 Roussin, Alec	09	Garneau	16:15.60	
37 Bazinet, Pierre-Olivier	09	Louis-Riel	16:37.80	24
38 Kongolo, Nathan	10	Beatrice-Desloges	17:30.60	
39 Rivard, Justin	10	Garneau	17:36.50	
40 Grenier, Sacha	09	Le Sommet	18:08.90	
41 Flahauw, Aaron	10	Gisèle-Lalonde	20:44.01	

Team Scores

Rank Team	Total	1	2	3	4	*5	*6	*7	*8	*9
Results - Men										

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Results

....Event 2 Boys 3k CC Intermediate

1	Garneau	21	2	5	6	8	10	11
	Total Time:	48:25.48						
	Average:	12:06.37						
2	Louis-Riel	33	3	4	7	19	20	24
	Total Time:	50:25.30						
	Average:	12:36.33						
3	Beatrice-Desloges	50	9	12	13	16	17	18
	Total Time:	51:29.13						
	Average:	12:52.29						
4	Gisèle-Lalonde	51	1	14	15	21	22	23
	Total Time:	52:50.49						
	Average:	13:12.63						

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Results

Event 3 Girls 3k CC High School Open

Name	Year School	Finals	Points
Results - Women			
1 Fraserwalls, Adrienne	07 Franco-Cite	12:46.50	1
2 Buchanan, Nadine	08 Franco-Cite	12:48.72	2
3 Boeck, Gabrielle	06 Garneau	13:07.79	3
4 Cliche, Zoé	07 Garneau	13:14.97	4
5 Knight, Tessa	07 Franco-Cite	13:20.02	5
6 Michel-Germain, Anouk	07 Louis-Riel	13:21.58	6
7 Bettle, Katherine	08 Colonel By	13:21.64	7
8 Alves, Kayla	08 Colonel By	13:23.48	8
9 Parson, Jordane	07 Louis-Riel	13:30.82	9
10 Lefaiivre, Sofia	08 Louis-Riel	13:36.66	10
11 Duguay, Ella	05 Louis-Riel	13:48.33	11
12 Green, Julia	08 Colonel By	14:07.75	12
13 Charron, Chloé	06 Louis-Riel	14:11.91	13
14 Walker, Sasha	08 Gisèle-Lalonde	14:13.94	14
15 Layadi, Lina	08 Colonel By	14:23.54	15
16 Sabha, Rita	07 Franco-Cite	14:27.46	16
17 Benoît, Justine	07 Garneau	14:35.31	17
18 Thauvette, Janie	06 Gisèle-Lalonde	14:45.27	18
19 Lassoued, Emma	06 Gisèle-Lalonde	14:45.37	19
20 Edwards, Sophie	08 Colonel By	15:05.08	20
21 Wallace, Émilie	07 Franco-Cite	15:19.39	21
22 Deslauriers, Julie-Anne	08 Colonel By	15:21.39	22
23 Harback, Kate	07 Franco-Cite	15:34.14	23
24 Abada, Mariam	05 Louis-Riel	15:38.38	24
25 Sharara, Carina	08 Franco-Cite	15:51.14	
26 Richer, Safya	08 Gisèle-Lalonde	16:10.59	25
27 McGregor, Caroline	07 Garneau	16:18.62	26
28 Comeau, Virginie	07 Garneau	16:47.32	27
29 Church, Amandine	07 Franco-Cite	17:10.65	
30 Meloche, Quenton	07 Garneau	17:14.32	28
31 Bischoff, Merle	05 Garneau	17:32.06	
32 Pariseau, Mia	05 Franco-Cite	17:34.12	
33 Stanley-Fortier, Riley	07 Ridgemont HS	17:35.60	29
34 Gagosz-Faure, Eva	08 Franco-Cite	18:19.51	
35 Langner, Erika	05 Ridgemont HS	18:36.08	30
36 Rogers, Ky	08 Ridgemont HS	18:45.19	31
37 Sakalla, Serene	08 Franco-Cite	18:58.03	
38 Baroudi, Yara	07 Ridgemont HS	20:46.38	32
39 Hogan, Lexie	07 Ridgemont HS	20:47.44	33
40 Perkins-Phillip, Kyanah	06 Gisèle-Lalonde	22:25.57	34

Team Scores

Rank Team	Total	1	2	3	4	*5	*6	*7	*8	*9
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Results - Women

Louis-Riel XCookie Meet - 2022-09-22
Hornets Nest : Louis-Riel XC Training Grounds
Results

....Event 3 Girls 3k CC High School Open

1 Franco-Cite		24	1	2	5	16	21	23
Total Time:	53:22.70							
Average:	13:20.68							
2 Louis-Riel		36	6	9	10	11	13	24
Total Time:	54:17.39							
Average:	13:34.35							
3 Colonel By		42	7	8	12	15	20	22
Total Time:	55:16.41							
Average:	13:49.11							
4 Garneau		50	3	4	17	26	27	28
Total Time:	57:16.69							
Average:	14:19.18							
5 Gisèle-Lalonde		76	14	18	19	25	34	
Total Time:	59:55.17							
Average:	14:58.80							
6 Ridgemont HS		122	29	30	31	32	33	
Total Time:	1:15:43.25							
Average:	18:55.82							

Louis-Riel XCookie Meet - 2022-09-22
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Results

Event 4 Boys 5k CC High School Open

Name	Year	School	Finals	Points
Results - Men				
1 Ghazal, Soran	06	Colonel By	20:32.13	1
2 Walker, Austin	08	Colonel By	20:50.77	2
3 Kay, Cowen	07	Louis-Riel	21:28.28	
4 Boileau, Kristian	05	Garneau	21:56.07	3
5 Ghie, Anthony	08	Colonel By	22:01.78	4
6 Ross, William	08	Colonel By	22:02.64	5
7 Clancy, Noah	07	Garneau	22:26.09	6
8 Dust, Kiran	08	Colonel By	22:43.78	7
9 Prud'homme-Foster, Mathi	08	Franco-Cite	22:45.31	8
10 Church, Sebastien	05	Franco-Cite	22:51.66	9
11 Ischimue Karera, Thierry	07	Garneau	22:58.30	10
12 Budzinski, William	07	Garneau	23:08.92	11
13 McLean, Zachary	07	Garneau	23:12.77	12
14 Khosla, Samuel	08	Colonel By	23:32.97	13
15 Smith, Roshan	08	Colonel By	23:34.14	
16 Parsonage, Jason	07	Louis-Riel	23:38.96	
17 Côté, Tomislav	08	Franco-Cite	24:21.29	14
18 Takamura, Takumi	08	Colonel By	24:34.53	
19 Smith, Kiran	07	Colonel By	24:50.97	
20 St-Amour, Nicholas	05	Garneau	24:55.24	15
21 Allard, Cameron	08	Colonel By	24:57.90	
22 Courture, Antoine	06	Gisèle-Lalonde	25:18.56	
23 Millard, Wyatt	08	Ridgemont HS	25:18.70	16
24 Raymond Tsai, Alexi	07	Garneau	25:21.25	
25 Desrosiers, Ethan	06	Franco-Cite	25:29.58	17
26 Francis, Xavier	09	Garneau	25:37.85	
27 Merezzi, Mateo	08	Franco-Cite	25:44.33	18
28 Vézina, Simon	05	Garneau	26:47.92	
29 Résilien, David	05	Franco-Cite	26:54.77	19
30 Platero, Owen	07	Garneau	28:16.12	
31 Ni, Jerry	08	Colonel By	28:31.10	
32 Baird, Henley	06	Ridgemont HS	28:42.33	20
33 Kriekle, Sebastien	05	Colonel By	28:49.62	
34 West, Nolan	07	Ridgemont HS	28:57.87	21
35 Pan, David	07	Colonel By	29:09.66	
36 Martin, Isaac	07	Colonel By	29:11.84	
37 Qiu, Andrew	07	Colonel By	29:38.85	
38 Abdiwahab, Mohamud	05	Ridgemont HS	30:58.82	22
39 Comtois, Simon	07	Garneau	31:13.79	
40 Massé, Logan	07	Garneau	31:14.00	
41 Lecavalier, Nicholas	08	Gisèle-Lalonde	32:38.34	
42 Wafy, Ahmed	07	Ridgemont HS	35:10.87	23
43 Jerade, Charbel	08	Garneau	36:25.41	
44 Smith, Owen	08	Ridgemont HS	36:44.59	24
45 Mikolajewski, Auron	08	Ridgemont HS	37:42.62	
46 Comeau, Mathieu	06	Gisèle-Lalonde	39:22.68	
47 Ali, Abrar	05	Ridgemont HS	40:18.04	
-- Maynard, Lucas	07	Louis-Riel	DNS	
-- Plessas, Mattias	08	Louis-Riel	DNS	
-- Kuschnerreit-Coursol, Aus	08	Ridgemont HS	DNS	
-- Siderus, Owen	08	Colonel By	DNS	

ESP Louis-Riel XCookie Meet

22-09-2022



	Intermediate Girls	Intermediate Boys	HS Girls	HS Boys	Total
Béatrice-Desloges		6			6
Colonel By			6	10	16
Franco-Cité			10	6	16
Garneau	8	10	5	8	31
Gisèle-Lalonde	6	5	4		15
Le Sommet					0
Louis-Riel	10	8	8		26
Ridgemont			3	5	8