

NCSSAA Cross-Country Championships - 2021-10-28

Results: louisrielathxc.com

Hornets Nest

Results

Event 1 Girls 4k CC Novice

Name	Year	School	Finals	Points
Results - Women				
1 Chiamera, Isabella	07	St. Pius X C.H.S.	16:40.44	1
2 Streek, Grace	07	Merivale	16:47.27	2
3 Chen, Olivia	07	Merivale	17:51.90	3
4 Johnston-Zemek, Kate	07	Ashbury	18:02.42	4
5 Lyons, Waverley	07	Glebe Collegiate	18:06.01	5
6 Villeneuve, Clara	07	Paul-Desmarais	18:19.30	6
7 Chaisson, Emily	07	Colonel By	18:39.21	7
8 Wilton, Rebecca	07	Immaculata	18:42.90	8
9 Agostini, Azzurra	07	Canterbury	18:47.32	9
10 Wallner, Miina	07	Nepean	19:16.07	10
11 Betty, Helen	07	Lisgar C.I.	19:22.11	11
12 Ricciuti, Leila	07	St. Mark	19:40.75	12
13 McDonell, Ainsley	07	St. Pius X C.H.S.	19:41.84	13
14 Van Der Meulen, Liv	07	South Carleton	19:45.21	14
15 Oehling, Kyra	07	Samuel-Genest	19:49.23	15
16 Petrou, Norah	07	Colonel By	19:53.04	16
17 Bean, Samantha	07	St. Peter	20:04.93	17
18 Watchorn, Charlotte	07	Nepean	20:08.46	18
19 Buckland, Graysen	01	South Carleton	20:08.72	19
20 Barber, Molly	07	Nepean	20:15.05	20
21 Hume, Sarah	07	Nepean	20:22.11	21
22 Unsworth, Winnifred	07	Canterbury	20:39.17	22
23 Park, Ainsley	07	Canterbury	20:40.04	23
24 Johnstone, Sadie	07	Canterbury	20:41.24	24
25 Di Labio, Olivia	07	Nepean	20:53.13	25
26 McLean, Callie	07	John McCrae SS	20:53.70	26
27 Macharia, Hazina	07	Colonel By	20:54.72	27
28 Stewart, Grace	07	Earl of March	20:55.12	28
29 Dempsey, Emily	07	South Carleton	21:15.15	29
30 Lutes, Amelia	07	Woodroffe	21:16.74	30
31 Carroll, Lily	07	Immaculata	21:19.91	31
32 Colebrook, Maya	07	St Joseph	21:20.34	32
33 Fitzsimmons, Amelia	07	Sacred Heart	21:22.76	33
34 Steele, Calista	07	Sacred Heart	21:24.98	34
35 Ramunas, Eden	07	Nepean	21:29.87	35
36 Velasco, Maria	07	St. Paul Chs	21:30.71	36
37 Guiney, Hannah	07	West Carleton	21:37.05	37
38 Freedhoff, Leah	07	Sir Robert Borden	21:41.37	38
39 Hussein, Hamda	07	Merivale	21:42.48	39
40 Shen, Muhan	07	Earl of March	21:45.05	40
41 Riddolls, Elizabeth	07	Merivale	21:48.04	41
42 Fournier, Riley	07	West Carleton	21:51.24	42
43 Mister, Eve	07	Franco-Ouest	21:57.40	43
44 Novick, Sarah	07	Merivale	21:58.78	44
45 Morrissy, Maeve	07	Ashbury	22:00.66	45
46 Maina, Julia	07	John McCrae SS	22:06.58	46
47 Kamel, Hana	07	Bell HS	22:12.62	47
48 Adderly, Emma	07	Ashbury	22:12.72	48
49 Berube, Sofia	07	Gloucester	22:22.62	49
50 Cole, Madeline	07	Glebe Collegiate	22:25.70	50
51 Church, Amandine	07	Franco-Cite	22:28.27	51

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52	Rusch, Kate	07 Sacred Heart	22:28.88	52
53	Macedo, Madeline	07 Earl of March	22:29.16	53
54	Tran, Ashley	07 Notre Dame	22:32.97	54
55	Csagoly, Anita	07 Notre Dame	22:33.77	55
56	Van Beek, Hadley	07 South Carleton	22:39.40	57
56	Hopkins, Teyha	07 St Joseph	22:39.40	56
58	Wong, Marie	08 Colonel By	22:51.73	58
59	Desjardins, Makella	07 Louis-Riel	23:03.45	59
60	Gregory, Hannah	07 Sir Robert Borden	23:11.71	60
61	Ibit, Ariana	07 St. Peter	23:12.40	61
62	Anderson, Isabelle	07 John McCrae SS	23:13.14	62
63	Possamai, Cristina	07 St Joseph	23:16.97	63
64	Asfour, Carla	07 Samuel-Genest	23:32.11	64
65	Nichols, Lucy	07 Woodroffe	23:33.14	65
66	Oba Demesquita Sampa, Ma	07 John McCrae SS	23:54.81	66
67	Marks, Julia	07 South Carleton	24:22.82	67
68	Latulippe, Lauren	07 St Joseph	24:43.63	68
69	Wong, Angela	07 West Carleton	24:48.46	69
70	Hou, Charlotte	07 Colonel By	24:51.53	70
71	Kebte, Eldana	07 Lisgar C.I.	25:00.74	71
72	Osmen, Renad	07 Gloucester	25:12.74	72
73	Vivas-Moncada, Paula	07 Paul-Desmarais	25:18.18	73
74	Dunfield, Alison	07 Woodroffe	25:28.48	74
75	Rogowska, Anna	07 St. Francis Xavier	25:42.29	75
76	Holbrook, Anya	07 Samuel-Genest	25:42.99	76
77	Khan, Laila	07 Brookfield	25:53.05	77
78	Wolsey, Jordyn	07 Longfield Dhs	26:00.61	78
79	Koziakova, Sabina	07 Ashbury	26:00.95	79
80	Noble, Ally	07 Ashbury	26:01.19	80
81	Clinch, Amy-Anne	07 South Carleton	26:51.32	81
82	Strober, Keira	07 West Carleton	27:12.58	82
83	Kuhn, Lauren	07 All Saints	27:26.74	83
84	Jones, Ali	07 West Carleton	27:36.34	84
85	Graham, Kate	07 AY Jackson	28:00.21	85
86	Kutikov, Karina	07 Sir Robert Borden	28:00.96	86
87	Fortier Stanley, Riley	07 Ridgemont	28:01.74	87
88	Raji, Rebekhah	07 Colonel By	28:09.73	88
89	Al Sultan, Israa	07 Gloucester	28:38.33	89
90	Flockton, Anne	07 AY Jackson	28:40.99	90
91	Burton, Sydney	07 Sir Wilfrid Laurier	30:02.08	91
92	Crowell, Leoni	07 Sir Wilfrid Laurier	30:04.78	92
93	Graidia, Sara	07 Longfield Dhs	30:06.78	93
94	Dvorachek, Nina	07 West Carleton	30:19.71	94
95	Felfel, Janna	07 West Carleton	30:34.49	
96	Hogan, Alexandra	07 Ridgemont	31:20.92	95
97	Munro, Sara	07 Hillcrest	34:40.70	96
98	McDormand, Ava	Longfield Dhs	34:48.37	97
99	Cotton, Winter	07 AY Jackson	35:01.96	98
100	Morphy, Acey	07 OC Virtual SS	44:04.19	99
101	Ali, Ikram	06 OC Virtual SS	52:33.28	100

NCSSAA Cross-Country Championships - 2021-10-28

Results: louisrielathxc.com

Hornets Nest

Results

Event 3 Girls 5k CC Junior

Name	Year	School	Finals	Points
Results - Women				
1 Giannotti, Jocelyn	04	Holy Trinity	21:46.14	1
2 Alexander, Laurin	06	Glebe Collegiate	22:09.97	2
3 Allan, Claire	06	Glebe Collegiate	22:29.39	3
4 Waddington, Claire	06	Glebe Collegiate	23:03.70	4
5 Dustin, Kaitlin	06	Earl of March	23:12.57	5
6 Harrington, Jaime	06	Colonel By	23:17.21	6
7 Pascali, Ali	04	Nepean	23:21.59	7
8 Cabasson, Mathilde	06	Colonel By	23:30.42	8
9 Flynn, Sarah	06	Glebe Collegiate	23:50.93	9
10 Delaney, Ashlee	06	St. Francis Xavier	24:06.09	10
11 Hertz, Rachel	06	John McCrae SS	24:26.64	11
12 Hawkes, Elsie	06	Nepean	24:30.57	12
13 Lambley, Rachel	06	All Saints	24:37.81	13
14 Thompson, Aila	06	South Carleton	24:45.00	14
15 Soler, Allison	06	Longfield Dhs	24:49.97	15
16 Audet-Welke, Simone	06	Glebe Collegiate	24:51.54	16
17 Top Christensen, Anna	06	Ashbury	24:59.54	17
18 Squires, Hannah	06	Lisgar C.I.	25:01.67	18
19 Ledain, Sophie	06	Paul-Desmarais	25:18.27	19
20 Hong, Emma	06	Merivale	25:24.14	20
21 Whittaker, Anna	06	Nepean	25:24.24	21
22 McKay, Morgane	06	Omer-Deslauriers	25:24.88	22
23 Loder, Katarina	06	Osgoode	25:30.26	23
24 Dasilva, Adrianna	06	Mother Teresa	25:33.35	24
25 McBurney, Aislin	06	Earl of March	25:42.44	25
26 Olszewski, Aria	06	Paul-Desmarais	25:42.77	26
27 McQuinn, Shayla	06	John McCrae SS	26:23.44	27
28 Fraser, Zara	06	Hillcrest	26:30.24	28
29 Nuwwareh, Xena	06	AY Jackson	26:33.49	29
30 Naus, Gabrielle	06	Hillcrest	26:37.56	30
31 Bradley, Skylar	06	Longfield Dhs	26:48.40	31
32 Bowie, Makenna	06	West Carleton	26:49.98	32
33 Higgins, Samantha	06	Cairine Wilson	26:56.18	33
34 Nolan, Avery	05	Holy Trinity	26:57.83	34
35 McCormack, Emily	06	Bell HS	26:58.50	35
36 Marrs, Jacqueline	06	St. Patrick	27:05.14	36
37 Diamond, Eden	06	Lisgar C.I.	27:14.13	37
38 Downes, Sarah	06	Nepean	27:15.72	38
39 Innis, Keira	06	Immaculata	27:17.34	39
40 Waller, Audrey	06	Nepean	27:33.93	40
41 Celli, Brianna	06	St. Josephine	27:38.03	41
42 Rodriguez-Ramirez, Carla	06	Samuel-Genest	27:42.75	42
43 Martin, Leila	06	Sacred Heart	28:15.81	43
44 Armstrong, Darin	06	Glebe Collegiate	28:22.04	44
45 Mrak, Sofia	06	Ashbury	28:26.67	45
46 Ferry-Reid, Erin	06	St Joseph	28:27.00	46
47 Black, Talia	06	Nepean	28:31.42	47
48 Brooks, Charlotte	06	John McCrae SS	28:42.69	48
49 Bruce, Sarah	06	Ashbury	29:06.54	49
50 Gilchrist, Marisa	06	South Carleton	29:08.41	50
51 Peters, Maia	06	St Joseph	29:21.06	51

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2 Nepean	78	7	12	21	38	40	47
Total Time: 1:40:32.12							
Average: 25:08.03							
3 Ashbury	168	17	45	49	57		
Total Time: 1:53:07.00							
Average: 28:16.75							
4 Paul-Desmarais	179	19	26	63	71		
Total Time: 1:56:40.20							
Average: 29:10.05							
5 South Carleton	182	14	50	53	65	67	
Total Time: 1:55:26.94							
Average: 28:51.74							
6 Lisgar C.I.	187	18	37	62	70		
Total Time: 1:57:37.04							
Average: 29:24.26							
7 Hillcrest	217	28	30	74	85		
Total Time: 2:09:42.55							
Average: 32:25.64							
8 West Carleton	226	32	56	66	72		
Total Time: 2:03:43.02							
Average: 30:55.76							
9 Sacred Heart	241	43	61	68	69		
Total Time: 2:04:02.52							
Average: 31:00.63							

NCSSAA Cross-Country Championships - 2021-10-28

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Hornets Nest

Results

Event 5 Girls 6k CC Senior

Name	Year	School	Finals	Points
Results - Women				
1 Van Brabant, Amelia	05	Earl of March	23:53.32	1
2 Vroom, Elizabeth	04	Sir Wilfrid Laurier	24:32.42	2
3 Baggley, Olivia	05	Gloucester	24:47.13	3
4 MacDonald, Cara	04	Glebe Collegiate	25:11.37	4
5 Gormley, Caitlin	05	Glebe Collegiate	26:18.16	5
6 Porter, Gillian	04	Franco-Cite	26:20.05	6
7 Bennett, Talia	05	Glebe Collegiate	26:42.58	7
8 West, Margot	04	Nepean	27:42.30	8
9 Gruson, Karina	04	Nepean	28:05.97	9
10 Chiumera, Alivia	05	St. Pius X C.H.S.	28:24.65	10
11 Munro, Grace	04	West Carleton	28:26.83	11
12 Saravanamuttoo, Jemima	05	Colonel By	28:29.32	12
13 Smolynech, Esme	05	Merivale	28:37.36	13
14 Cross, Laura	04	Merivale	28:45.73	14
15 Anderton, Merissa	05	Franco-Ouest	28:56.87	15
16 Hurst, Freya	04	Glebe Collegiate	28:59.81	16
17 Black, Rebecca	04	Glebe Collegiate	29:20.71	17
18 Lessard, Mégane	04	Louis-Riel	29:24.45	18
19 Quinn, Paige	04	Osgoode	29:27.30	19
20 Burgess, Charlotte	05	Merivale	29:27.92	20
21 Duguay, Ella	05	Louis-Riel	29:36.02	21
22 Nowlan, Maddy	04	Glebe Collegiate	29:37.89	22
23 Roy, Chloé	04	Franco-Cite	29:39.59	23
24 Girgis, Kenzie	04	Glebe Collegiate	29:49.62	
25 Sarlis, Evangelia	05	Sacred Heart	29:50.11	24
26 Hill, Grace	05	Canterbury	29:54.97	25
27 Semeniuk, Anna	05	St. Pius X C.H.S.	30:05.27	26
28 McCulligh, Helen	04	West Carleton	30:10.20	27
29 Milne, Alison	04	John McCrae SS	30:25.73	28
30 Bradley, Cassidy	04	Longfield Dhs	30:28.73	29
31 Cabasson, Laure	05	Colonel By	30:34.88	30
32 Ferry-Reid, Claire	04	St Joseph	30:35.24	31
33 Perras, Daphne	04	Longfield Dhs	30:35.99	32
34 Concettini, Alice	05	Longfield Dhs	30:59.36	33
35 O'Ray, Maeve	04	Paul-Desmarais	31:00.39	34
36 Norman, Sarah	05	Merivale	31:11.77	35
37 Wechsler, Marika	05	Glebe Collegiate	31:16.68	
38 Powter, Morgan	05	Ashbury	31:22.93	36
39 Crooks, Molly	04	All Saints	31:24.72	37
40 Honegger, Isabelle	04	AY Jackson	31:25.60	38
41 Cocchetto, Rebecca	05	South Carleton	31:27.77	39
42 Brossier, Lea	05	South Carleton	31:28.82	40
43 LeBlanc, Julia	04	Immaculata	31:30.90	41
44 Johnson, Julia	05	Lester B. Pearson	31:57.75	42
45 Macharia, Imani	05	Colonel By	31:59.52	43
46 Kurbel, Mikayla	04	St. Peter	32:14.35	44
47 Shepertycki, Halyna	04	All Saints	32:32.87	45
48 Vogt, Daria	04	Franco-Cite	32:36.17	46
49 Wilton, Kayla	05	Immaculata	32:46.73	47
50 Zarull, Maddy	04	Nepean	32:54.93	48
51 Benz, Alexis	05	St Joseph	33:06.98	49

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Results

....Event 5 Girls 6k CC Senior

52 Harback, Lauren	04 Franco-Cite	33:12.17	50
53 Pooler, Olivia	04 St Joseph	33:22.81	51
54 Thomas, Kaia	05 Glebe Collegiate	33:34.19	
55 Paoletti, Kealey	05 St. Paul Chs	33:54.08	52
56 Savoie, Ava	04 St Joseph	33:56.17	53
57 Painter, Luisa	05 Ashbury	34:00.28	54
58 Brûlé, Émilie	04 Samuel-Genest	34:01.67	55
59 Furlong, Olivia	04 Sir Wilfrid Laurier	34:06.95	56
60 Zannese, Larissa	04 All Saints	34:07.92	57
61 Gryczon, Brianna	04 Lester B. Pearson	34:11.80	58
62 Tucker, Catherine	04 Mother Teresa	34:12.24	59
63 Mohamed, Maleeka	05 Cairine Wilson	34:49.92	60
64 Feeny-Svab, Bronwen	04 St Joseph	34:51.91	61
65 Elwafi, Tmather	05 OC Virtual SS	34:54.52	62
66 Guillemette, Chloe	05 Sacred Heart	35:25.27	63
67 Bee, Maggie	05 Canterbury	35:40.90	64
68 Quirion, Audrey	04 Ashbury	35:44.67	65
69 Chen, Maggie	04 Colonel By	36:22.94	66
70 Chapman, Lucy	04 Franco-Ouest	36:52.88	67
71 Gauthier, Gabrielle	05 Franco-Ouest	37:04.90	68
72 Roberts, Gillian	05 Sir Wilfrid Laurier	37:10.29	69
73 Labonte, Julie	05 Sacred Heart	37:10.89	70
74 Duffley, Laura	04 Immaculata	37:23.78	71
75 Fitzgerald, Tara	05 Canterbury	37:30.50	72
76 Stancher, Marianna	07 Nepean	37:32.91	73
77 Kachi, Miya	05 Sir Wilfrid Laurier	37:37.90	74
78 McIlwaine, Gillian	04 Ridgemont	37:38.13	75
79 McTaggart, Emily	05 Woodroffe	37:44.55	76
80 Drummond, Emily	04 Nepean	37:55.42	77
81 Legostaeva, Elizabeth	05 OC Virtual SS	38:06.00	78
82 Stanley, Madelyn	04 Omer-Deslauriers	38:16.82	79
83 Betty, Maria	04 Lisgar C.I.	38:28.70	80
84 Hatfield, Alex	04 St. Mark	38:32.58	81
85 Langner, Erika	05 Ridgemont	38:36.35	82
86 Guy, Abigail	05 Longfield Dhs	38:40.77	83
87 Hoshino-Morin, Maya	05 Canterbury	39:26.15	84
88 McCourt, Catherine	05 Ashbury	39:31.38	85
89 Armstrong, Rowan	04 Hillcrest	40:02.89	86
90 Tran, Arlene	05 John McCrae SS	40:03.22	87
91 Al-Refae, Leen	04 Lisgar C.I.	40:49.24	88
92 Frontini, Agnese	04 Lisgar C.I.	41:11.27	89
93 Rella, Stefanie	04 Nepean	41:13.98	90
94 Mendes, Elissa	04 Mother Teresa	41:24.43	91
95 Gallone, Romaine	05 Ashbury	41:31.62	92
96 Zhang, Carolyn	04 Colonel By	41:40.42	93
97 Boehme, Johanna	05 Sir Wilfrid Laurier	41:51.52	94
98 Ciccarella, Shireen	05 Colonel By	41:59.58	95
99 McGarrie, Heather	05 St. Peter	42:11.80	96
100 Beavis, Hannah	05 St. Mark	42:30.83	97
101 Al Sultan, Meyyada	05 Gloucester	42:40.65	98
102 Heuthorst, Anika	05 St. Matthew	42:41.37	99
103 Koziakova, Terezai	05 Ashbury	42:49.30	100
104 Vadon, Amanda	04 Gisèle-Lalonde	42:57.78	101
105 Massarello, Madison	05 St-Laurent Academy	43:13.05	102

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Hornets Nest

Results

Event 2 Boys 4k CC Novice

Name	Year	School	Finals	Points
Results - Men				
1 Cova, Daniel	07	Louis-Riel	15:39.59	1
2 Sankey, Levi	07	Merivale	15:52.91	2
3 McGregor, Will	07	Immaculata	16:09.45	3
4 Adamson, Will	07	Earl of March	16:11.99	4
5 Smith, Noah	07	Immaculata	16:24.50	5
6 Meehan, Aleksander	07	Immaculata	16:33.35	6
7 Zachary, Jeggo	07	Louis-Riel	16:34.99	7
8 Daniels, Robin	07	Nepean	16:47.88	8
9 Padoin-Castillo, Matteo	07	Immaculata	17:05.86	9
10 Thompson, Blue	07	Merivale	17:07.19	10
11 Mallon, Cayden	07	Immaculata	17:16.25	11
12 Gomez, Samuel	07	John McCrae SS	17:18.51	12
13 Stratford, Hugh	07	Canterbury	17:19.42	13
14 Rodriguez-Ramirez, Diego	07	Samuel-Genest	17:47.49	14
15 Brock, Mason	07	St. Francis Xavier	17:50.55	15
16 Campbell, Francis	07	Sir Wilfrid Laurier	17:54.64	16
17 O'Gorman, Harrison	07	Notre Dame	17:56.43	17
18 Ferris, Jake	07	St. Paul Chs	17:57.75	18
19 Bernal, Gabriel	07	South Carleton	18:15.04	19
20 Goold, Barrett	07	Sir Robert Borden	18:17.08	20
21 Abraham, Christopher	06	All Saints	18:19.58	21
22 Kaye, Cohen	07	Louis-Riel	18:20.31	22
23 Haire, Joshua	07	St. Paul Chs	18:21.88	23
24 Smith, Kiran	07	Colonel By	18:36.34	24
25 Hicks, Matthew	07	AY Jackson	18:39.87	25
26 Tesselaar, Harrison	07	John McCrae SS	18:40.81	26
27 Miller, Percival	07	South Carleton	18:44.02	27
28 Legace, Tyler	07	Hillcrest	18:44.72	28
29 Ragaisis, Jonah	07	St Joseph	18:47.24	29
30 Letts, Jared	07	Lisgar C.I.	18:54.34	30
31 Lucente, Wally	07	West Carleton	18:57.74	31
32 Milne, Ian	07	John McCrae SS	18:58.00	32
33 Nigelsky Skordas, Phoeni	07	Sir Wilfrid Laurier	18:58.05	33
34 Dagenais, Vincent	07	Hillcrest	19:00.51	34
35 Osborne, Carson	07	West Carleton	19:09.71	35
36 Morin, Tristan	07	West Carleton	19:10.01	36
37 Sweet, Tyson	07	St. Paul Chs	19:11.89	37
38 McCrimmon, Jonah	07	Colonel By	19:12.21	38
39 McGinnity, Owen	07	All Saints	19:12.49	39
40 Wong, Brandon	07	AY Jackson	19:17.60	40
41 Johnston-Zemek, Nicholas	07	Ashbury	19:22.34	41
42 Turenne, Xavier	06	Paul-Desmarais	19:24.48	42
43 Chuey-Xipolitakis, Peter	07	St Joseph	19:25.08	43
44 Barker, Elias	07	Samuel-Genest	19:25.84	44
45 Pierce, Craig	07	Glebe Collegiate	19:28.68	45
46 Kamau, Baraka	07	Hillcrest	19:30.19	46
47 Crowder, Niall	07	St Joseph	19:32.08	47
48 Tong, Duncan	07	Merivale	19:37.05	48
49 Niazi, Mesbahullah	07	Merivale	19:37.26	49
50 Henderson, Liam	07	Paul-Desmarais	19:59.84	50
51 Abouzied, Mohammed	07	John McCrae SS	20:07.55	51

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Results

....Event 2 Boys 4k CC Novice

52 Woolridge, Gavin	07 John McCrae SS	20:29.25	52
53 Bennett, Jake	07 Cairine Wilson	20:31.05	53
54 Beamish, Nikolai	07 West Carleton	20:39.46	54
55 Rahal, Patrick	07 Franco-Ouest	20:53.14	55
56 Aki, Kevin	07 Paul-Desmarais	20:56.83	56
57 Coulombe, Mathieu	07 Colonel By	20:56.90	57
58 Valle-Perez, Andres	07 Sacred Heart	20:57.68	58
59 Saikaili, Vincent	07 Earl of March	21:04.89	59
60 Caldwell, Elliott	07 Samuel-Genest	21:07.95	60
61 Huisman, Jacob	07 West Carleton	21:08.42	61
62 McIiwaine, Samuel	07 Canterbury	21:09.54	62
63 Watt, Jeremy	07 Paul-Desmarais	21:10.81	63
64 Omusi, Patrick	07 John McCrae SS	21:12.05	64
65 Martin, Isaac	07 Colonel By	21:19.40	65
66 Hutton, Wyatt	07 Earl of March	21:20.91	66
67 Mark Wallace, Noah	07 Hillcrest	21:24.72	67
68 Gagne, Nathan	07 Sacred Heart	21:25.04	68
69 Felx, Ryder	07 Hillcrest	21:26.03	69
70 Rodford, Jacob	07 Notre Dame	21:55.90	70
71 Antoine, Couture	06 Gisèle-Lalonde	22:17.46	71
72 Campeau, Jonah	07 Paul-Desmarais	22:23.27	72
73 Kassam, Khalil	07 Ashbury	22:30.92	73
74 Saini, Dushyant	07 Merivale	22:34.14	74
75 Rohozinski, Aleksander	07 Ashbury	22:35.33	75
76 Byers, Michael	07 South Carleton	22:42.05	76
77 Lelaj, Alion	07 Notre Dame	22:46.46	77
78 Allen, Dexter	07 Glebe Collegiate	22:56.40	78
79 Cormier, Noah	07 St. Matthew	22:58.18	79
80 Helmer, Shae	07 Notre Dame	23:00.17	80
81 Covo, Kai	07 St-Laurent Academy	23:45.99	81
82 Ng, Zachary	07 West Carleton	24:46.75	82
83 Alvi, Daniel	07 Earl of March	24:49.89	83
84 Brownrigg, Shea	07 St. Paul Chs	24:55.27	84
85 Reid, Aaron	07 Nepean	25:10.14	85
86 Paoletti, Michael	07 St. Paul Chs	25:10.18	86
87 Bhatt, Aarya	07 Earl of March	25:40.81	87
88 Zelzle, Abbas	08 St. Francis Xavier	27:15.43	88
89 Simon, Jonariel	07 St. Matthew	27:27.02	89
90 Assaad, Wael	07 Brookfield	27:28.24	90
91 Hernandez, Sebastian	07 Lester B. Pearson	28:00.39	91
92 Sung, Justin	07 St. Francis Xavier	28:05.21	92
93 Alnaas, Mohamed	07 Hillcrest	31:07.38	93

Team Scores

=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
Rank Team	Total	1	2	3	4	*5	*6	*7	*8	*9
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====

Results - Men

NCSSAA Cross-Country Championships - 2021-10-28**Results: louisrielathxc.com****Hornets Nest****Results****....Event 2 Boys 4k CC Novice**

1	Immaculata	23	3	5	6	9	11	
	Total Time:	1:06:13.16						
	Average:	16:33.29						
2	Merivale	109	2	10	48	49	74	
	Total Time:	1:12:14.41						
	Average:	18:03.61						
3	John McCrae SS	121	12	26	32	51	52	64
	Total Time:	1:15:04.87						
	Average:	18:46.22						
4	West Carleton	156	31	35	36	54	61	82
	Total Time:	1:17:56.92						
	Average:	19:29.23						
5	St. Paul Chs	162	18	23	37	84	86	
	Total Time:	1:20:26.79						
	Average:	20:06.70						
6	Hillcrest	175	28	34	46	67	69	93
	Total Time:	1:18:40.14						
	Average:	19:40.04						
7	Colonel By	184	24	38	57	65		
	Total Time:	1:20:04.85						
	Average:	20:01.22						
8	Paul-Desmarais	211	42	50	56	63	72	
	Total Time:	1:21:31.96						
	Average:	20:22.99						
9	Earl of March	212	4	59	66	83	87	
	Total Time:	1:23:27.68						
	Average:	20:51.92						
10	Notre Dame	244	17	70	77	80		
	Total Time:	1:25:38.96						
	Average:	21:24.74						

NCSSAA Cross-Country Championships - 2021-10-28

Results: louisrielathxc.com

Hornets Nest

Results

Event 4 Boys 5k CC Junior

Name	Year	School	Finals	Points
Results - Men				
1 Strachan, Derek	06	Glebe Collegiate	18:56.34	1
2 Melinz Dupuis, Kiefer	06	Glebe Collegiate	19:06.63	2
3 Sanders, William	06	Mother Teresa	19:16.54	3
4 Krnjevic, Theo	06	Lisgar C.I.	19:16.78	4
5 Mohamud, Kadar	06	Woodroffe	20:24.70	5
6 Downes, Liam	06	Nepean	20:32.27	6
7 Cino, Cameron	06	Glebe Collegiate	20:46.03	7
8 Good, Ari	06	Glebe Collegiate	20:59.35	8
9 Shipley, Campbell	06	Osgoode	21:07.50	9
10 Langlois, Leo	06	Woodroffe	21:13.01	10
11 Hopkins, Ethan	06	St Joseph	21:15.62	11
12 Grant, Logan	06	Mother Teresa	21:17.61	12
13 Van Barr, Bennett	06	Canterbury	21:20.43	13
14 Schwarz, Ben	06	Woodroffe	21:22.39	14
15 Puvan, Jacob	06	Lisgar C.I.	21:23.97	15
16 Penner, Andrew	06	St Joseph	21:27.05	16
17 Smith, Hayden	06	Sir Robert Borden	21:31.08	17
18 Abbott, Graeme	06	AY Jackson	21:41.05	18
19 Palmer, Sam	06	Bell HS	21:45.27	19
20 Duncan, Neil	06	Sacred Heart	21:54.04	20
21 Carlson, Samuel	06	Immaculata	22:05.09	21
22 Heard, Cole	06	Sacred Heart	22:06.86	22
23 Auger, David	06	St Joseph	22:08.23	23
24 Ghazal, Soran	06	Colonel By	22:20.98	24
25 Buckle, Owen	06	Glebe Collegiate	22:25.33	25
26 Majerowitch, Aljoscha	06	John McCrae SS	22:36.27	26
27 Fairhead, William	06	Glebe Collegiate	22:37.41	27
28 Sawchak, Jacob	06	Colonel By	22:44.98	28
29 Wright, William	07	Woodroffe	22:59.83	29
30 Murphy, Xander	06	St. Matthew	23:07.02	30
31 Jayarathna, Kushal	06	Colonel By	23:10.40	31
32 Tyman, Lucas	06	Mother Teresa	23:16.71	32
33 Bray-Jones, Emmett	06	Hillcrest	23:22.49	33
34 Espina, Jordan	06	Lisgar C.I.	23:36.89	34
35 Howell, Jack	06	Osgoode	23:44.81	35
36 Kao, Jonathan	06	Mother Teresa	23:47.50	36
37 Leger, Alexander	06	Hillcrest	23:50.90	37
38 Partirick, Brandon	06	Cairine Wilson	23:53.52	38
39 Few, Ryan	06	OC Virtual SS	23:55.96	39
40 O'Ray, Daniel	06	Paul-Desmarais	23:55.97	40
41 West, Simon	06	Nepean	23:58.39	41
42 Golem, Will	06	Immaculata	24:04.44	42
43 Surronen, Oliver	06	Cairine Wilson	24:23.96	43
44 Fan, Mike	06	Sir Robert Borden	24:24.73	44
45 Dunn, Broedy	06	Cairine Wilson	24:28.44	45
46 Melo, Roman	06	St. Mark	24:34.52	46
47 Simpson, Jaheim	06	South Carleton	24:41.61	47
48 Thoppil, Isaac	06	Ashbury	24:42.68	48
49 Gueye, Ali-Youn	06	Lisgar C.I.	24:42.69	49
50 Mellow, Dylan	06	Sir Robert Borden	24:42.88	50
51 Lilius-Burpee, Nate	06	Merivale	24:50.08	51

NCSSAA Cross-Country Championships - 2021-10-28

Results: louisrielathxc.com

Hornets Nest

Results

....Event 4 Boys 5k CC Junior

52 Baird, Gavin	06 John McCrae SS	24:53.76	52
53 Ruhweza, Manzi	06 Hillcrest	24:56.62	53
54 Reid, Noah	06 Paul-Desmarais	25:10.01	54
55 Murphy, Travis	06 Sacred Heart	25:16.31	55
56 Barbe, Graeme	06 Immaculata	25:22.76	56
57 Efler-Murphy, Lucas	06 West Carleton	25:42.34	57
58 Barta, Biya	05 All Saints	25:50.34	58
59 Hum, Nicholas	06 Hillcrest	26:37.21	59
60 Bourget, Laurent	06 Paul-Desmarais	26:38.71	60
61 Dustin, Coldrey	06 Colonel By	26:40.72	61
62 Carbonetto, Connor	06 Sacred Heart	26:41.96	62
63 Flayyih, Layth	06 Cairine Wilson	26:53.83	63
64 Pratt, Nathan	06 Paul-Desmarais	27:06.58	64
65 Balaban, Ertugrul	06 AY Jackson	27:09.11	65
66 Tesfagaber, Heyab	06 St. Pius X C.H.S.	27:45.21	66
67 Tikoo, Arihan	06 West Carleton	28:06.71	67
68 Suba, Dean Nico	06 St. Francis Xavier	28:13.08	68
69 Tesfazghi, Yacob	06 Hillcrest	28:16.24	69
70 Hartman, Xavier	06 St. Peter	28:25.11	70
71 Fischer, Timothy	06 All Saints	28:25.65	71
72 Bruce, Benjamin	06 Nepean	28:36.87	72
73 Lynam, Jack	06 St. Patrick	28:38.52	73
74 Montpetit, Liam	06 Franco-Ouest	28:56.81	74
75 Bouffard Lima, Finlay	06 Franco-Ouest	29:08.30	75
76 Ahmed, Akim	06 All Saints	29:17.86	76
77 Christoforou, Riley	06 St. Peter	29:46.37	77
78 Drisdelle, Daemen	06 Paul-Desmarais	30:29.93	78
79 Henkelman, Adam	06 Lisgar C.I.	30:58.72	79
80 Martincica, Noah	04 Holy Trinity	31:08.83	80
81 Myles, George	06 St. Mark	31:20.40	81
82 Djukic, Ian	04 Holy Trinity	31:28.02	82
83 Dobrokhoto, Timofey	06 St-Laurent Academy	31:29.96	83
84 Brika, George	06 All Saints	31:37.87	84
85 Palima, Jeremiah	06 Brookfield	32:43.46	85
86 Ojudu, David	06 St. Francis Xavier	32:55.46	86
87 List, Nicolas	06 Glebe Collegiate	33:40.66	
88 Cartwright-Wall, Lachlan	06 Immaculata	33:50.67	87
89 Kempe, David	06 Canterbury	34:20.98	88
90 Sindu, Aryan	06 Osgoode	34:30.78	89
91 Beckett, Galen	06 Gisèle-Lalonde	34:50.63	90
92 Kwon, Joseph	06 Immaculata	35:00.89	91
93 Lie Chin Cheong, Gary	06 All Saints	35:25.99	92
94 Roy, Owen	06 Ridgemont	36:08.30	93
95 Olumide, Jedidiah	06 All Saints	36:31.74	94
96 Abu Mahfuz, Sami	06 Hillcrest	36:40.58	95
97 Taylor-Lalonde, Brodie	06 OC Virtual SS	42:00.43	96

NCSSAA Cross-Country Championships - 2021-10-28

Results: louisrielathxc.com

Hornets Nest

Results

Event 6 Boys 6k CC Senior

Name	Year	School	Finals	Points
Results - Men				
1 Sikka, Zachary	04	St. Paul Chs	22:51.47	1
2 Barrett, Elijah	04	Glebe Collegiate	23:00.80	2
3 Fairhead, Thomas	04	Glebe Collegiate	23:01.45	3
4 Padoin-Castillo, Adriano	05	Immaculata	23:05.77	4
5 Porter, Kyle	04	Sir Robert Borden	23:14.59	5
6 Belan, Nicolas	05	Canterbury	23:20.02	6
7 Del Rio Reategui, Mattia	05	St Joseph	23:21.88	7
8 Johnstone, Ryan	05	Franco-Ouest	23:26.07	8
9 Legare, Nolan	05	John McCrae SS	23:39.25	9
10 Waddington, Oliver	04	Glebe Collegiate	23:40.79	10
11 Loganathan, Bhumi	05	OC Virtual SS	23:41.58	11
12 Strachan, Jeremy	04	Glebe Collegiate	24:14.80	12
13 Bray-Jones, Parker	04	Franco-Cite	24:16.73	13
14 Lacasse, Sebastien	05	Colonel By	24:17.45	14
15 Mason, Liam	04	Nepean	24:28.61	15
16 Kushner, Zachary	05	Bell HS	24:31.10	16
17 Vivas-Moncada, Julian	05	Paul-Desmarais	24:32.08	17
18 Phung, Levi	04	Longfield Dhs	24:33.76	18
19 McDaniel, Kieran	05	Ashbury	24:34.66	19
20 Flanders, Devyn	05	South Carleton	24:49.81	20
21 Dykukha, Dmytro	05	Ridgemont	24:54.85	21
22 Veysey, Nathan	04	Glebe Collegiate	24:57.65	22
23 Welburn, Toby	04	Glebe Collegiate	25:01.62	23
24 Ledain, Éric	05	Paul-Desmarais	25:06.42	24
25 Brazeau, Alec	04	Paul-Desmarais	25:06.87	25
26 Waldrum, Kyle	05	Cairine Wilson	25:07.92	26
27 Raz, Luke	05	West Carleton	25:18.29	27
28 Gillan, Danial	05	Ashbury	25:25.65	28
29 Brooks, Owen	04	John McCrae SS	25:39.74	29
30 Fowler, Duncan	05	Ridgemont	25:52.28	30
31 Arnold, Arnold	06	St-Laurent Academy	25:56.22	31
32 Morin, Troy	05	West Carleton	25:59.30	32
33 Johnston Nielsen, Carter	04	Sir Robert Borden	26:02.99	33
34 Pulido, Nicholas	04	St. Peter	26:04.02	34
35 Bertels, Peter	04	Sir Robert Borden	26:06.63	35
36 Yorston, Alex	05	Brookfield	26:18.57	36
37 Loganathan, Bhanu	05	OC Virtual SS	26:26.60	37
38 Pascali, Ben	04	Nepean	26:28.01	38
39 Zaine, Brad	04	Longfield Dhs	26:36.75	39
40 Hickey, Gavin	05	Sir Wilfrid Laurier	26:38.86	40
41 Jessiman, Liam	04	South Carleton	26:39.62	41
42 Burley, Nicholas	03	Ashbury	26:40.39	42
43 Bertrand, Garrett	04	Longfield Dhs	27:01.07	43
44 Church, Sébastien	04	Franco-Cite	27:01.99	44
45 Lawr, Aynsley	05	Glebe Collegiate	27:08.25	
46 Edwards, Saer	04	Nepean	27:09.82	45
47 Smart, Jonah	05	Merivale	27:19.22	46
48 Sanders, Ian	05	Lisgar C.I.	27:19.68	47
49 Kamona, Ciprian	05	Ridgemont	27:26.78	48
50 Sweet, Joel	05	St. Paul Chs	27:31.28	49
51 Tyman, Owen	05	Mother Teresa	27:32.92	50

NCSSAA Cross-Country Championships - 2021-10-28

Results: louisrielathxc.com

Hornets Nest

Results

....Event 6 Boys 6k CC Senior

52 Ladurantaye, Logan	05 Bell HS	27:34.75	51
53 Murray, Andrew	02 Holy Trinity	27:36.37	52
54 Eason, Etienne	04 Lisgar C.I.	27:37.22	53
55 Gonzalez, Sam	04 Immaculata	27:41.75	54
56 McKay, Duncan	04 Nepean	27:56.57	55
57 Sloan, Jack	04 Paul-Desmarais	27:57.05	56
58 Roy, Brendon	05 Cairine Wilson	28:09.63	57
59 Aref, Nour	05 John McCrae SS	28:16.24	58
60 Blacker, Nathan	05 Cairine Wilson	28:16.69	59
61 Perreault, Elliot	04 Omer-Deslauriers	28:18.03	60
62 Larson, Xavier	04 Nepean	28:20.92	61
63 Oba De Mesquita Samp, Gu	05 John McCrae SS	28:37.88	62
64 Chen, William	05 John McCrae SS	28:38.36	63
65 Ng-A-Fook, Aidan	05 Colonel By	28:43.26	64
66 MacLeod, Brodie	04 Nepean	28:44.64	65
67 Watt, Tristan	05 Paul-Desmarais	28:47.85	66
68 Mayda, Cameron	05 South Carleton	28:49.46	67
69 Fast, Andy	04 Ridgemont	29:00.45	68
70 Armstrong, Jack	04 Longfield Dhs	29:03.64	69
71 Booth, Mikhail	04 Longfield Dhs	29:04.04	70
72 Kanika, Isaiah	04 Lisgar C.I.	29:20.58	71
73 Hill, Matthew	04 Bell HS	29:21.42	72
74 Balkissoon, Zane	05 Lisgar C.I.	29:22.42	73
75 Rodiles Montil, Edwin	05 Osgoode	29:26.88	74
76 Johns, Lukas	05 All Saints	29:33.59	75
77 Arthur, Derek	04 West Carleton	29:49.34	76
78 Coxall, Owen	05 St. Francis Xavier	29:51.06	77
79 Huang, Jason	04 John McCrae SS	29:51.53	78
80 Muller, Tai	04 Cairine Wilson	30:00.73	79
81 Fallahi, Donyal	05 Longfield Dhs	30:03.52	80
82 Hollett, William	04 St. Paul Chs	30:04.56	81
83 Youngman, Kyle	05 Merivale	30:10.85	82
84 Sousa, Anthony	05 St. Paul Chs	30:12.39	83
85 Cunningham, Logan	04 West Carleton	30:13.13	84
86 Lyon, Fraser	05 Earl of March	30:13.67	85
87 Winnik, Carson	05 Earl of March	30:14.28	86
88 Tyc, Mateuz	04 Lisgar C.I.	30:16.98	87
89 Shaw, Ryan	05 Mother Teresa	30:23.16	88
90 Albert, Kaiden	04 Cairine Wilson	30:32.43	89
91 McInnes, Finn	05 Glebe Collegiate	30:33.34	
92 Sahajpal, Ronan	04 Ashbury	30:57.97	90
93 O'Connor-Nugent, Breen	04 Lisgar C.I.	31:20.77	91
94 Frost, Aidan	04 Cairine Wilson	31:21.54	92
95 Momoli, Jack	04 John McCrae SS	31:22.53	
96 Heydarynejad, Lucus	05 All Saints	31:25.42	93
97 Ray, Brennen	04 Mother Teresa	31:28.63	94
98 Ouellette, Connor	04 Cairine Wilson	31:29.58	
99 Adams, Henry	05 Cairine Wilson	31:30.54	
100 Yang, Bob	04 John McCrae SS	31:36.77	
101 Carter, Cameron	04 Mother Teresa	31:38.41	95
102 Coates, Tyler	05 Mother Teresa	31:39.58	96
103 Willoughby, Russell	04 West Carleton	31:40.15	97
104 Mastroianni, Peter	05 Merivale	31:41.58	98
105 Dulmage, Jack	05 Woodroffe	31:44.42	99

NCSSAA Cross-Country Championships - 2021-10-28**Results: louisrielathxc.com****Hornets Nest****Results****....Event 6 Boys 6k CC Senior**

5	Ridgemont	167	21	30	48	68	104	108
	Total Time:	1:47:14.36						
	Average:	26:48.59						
6	Longfields Davidson Heigh	169	18	39	43	69	70	80
	Total Time:	1:47:15.22						
	Average:	26:48.81						
7	Ashbury	179	19	28	42	90	109	
	Total Time:	1:47:38.67						
	Average:	26:54.67						
8	St. Paul Chs	214	1	49	81	83	102	
	Total Time:	1:50:39.70						
	Average:	27:39.93						
9	West Carleton	219	27	32	76	84	97	101
	Total Time:	1:51:20.06						
	Average:	27:50.02						
10	Cairine Wilson	221	26	57	59	79	89	92
	Total Time:	1:51:34.97						
	Average:	27:53.75						
11	South Carleton	235	20	41	67	107		
	Total Time:	1:54:50.56						
	Average:	28:42.64						
12	Bell HS	242	16	51	72	103	111	
	Total Time:	1:54:28.35						
	Average:	28:37.09						
13	Lisgar C.I.	244	47	53	71	73	87	91
	Total Time:	1:53:39.90						
	Average:	28:24.98						
14	Mother Teresa	327	50	88	94	95	96	
	Total Time:	2:01:03.12						
	Average:	30:15.78						